



MICHAEL J. DORSI, MD

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DISCHARGE INSTRUCTIONS

WOUND CARE: Your incision has been closed with staples. They will be removed in 10-14 days. Do not apply any products to the incision. You may shower 48hrs after surgery. Do not soak in a tub, pool, or ocean until 3 weeks after surgery.

Notify Dr. Dorsi if you notice redness, swelling, or drainage from the incision.

MEDICATIONS: Continue all medications that were prescribed prior to surgery.

If you were taking aspirin this may be resumed 7 days after surgery.

New Prescriptions: _____

Over the counter: Colace (stool softener) 100mg, take 1 every 12h while on oxycodone
Tylenol 650mg every 4hr as needed for pain
Ibuprofen 600mg every 8hrs as needed for pain

ACTIVITY: You may walk around, but do not overdue it. Avoid strenuous, jarring activities and sudden movements. Avoid lifting over 10lbs. Avoid bending at the waist and twisting. You may go up and down stairs.

FOLLOW-UP: You are scheduled to see Dr. Dorsi _____

IF ANY NEW CONCERNS OR QUESTIONS ARISE, PLEASE DO NOT HESITATE TO CONTACT DR. DORSI.